

Mouth Care Instructions for Alveolar Bone Graft Surgery

Before the Surgery:

- 2-3 weeks before the Alveolar Bone Graft Surgery, your surgeon will send your child for an evaluation with the Craniofacial Orthodontist. The Orthodontist will take any pre-surgical x-rays that may be needed and take an impression of the upper gum to use for making a bone graft splint. Your child will wear the bone graft splint after surgery to help protect the surgery site while it's healing.
- One week before the surgery we'll schedule your child for a return visit to the orthodontist to have the bone graft splint fitted. At this visit we'll prescribe a mouth rinse called Chlorhexidine (Peridex), that they need to start using before the surgery to help clean the tissue in the mouth for the surgery.
- To reach the Craniofacial Orthodontic Office, please call 720-777-3749.

Bone Graft Splint and Hygiene Instructions

- 1 Week before the Surgery your child needs to:
 - Start rinsing with Peridex mouthwash 4 times a day as instructed.
 - Wear the mouth splint as much as possible.
 - Practice eating with the splint in place so it is comfortable after surgery
- 5 days after the Alveolar Bone Graft Surgery your child needs to:
 - Keep rinsing with Peridex mouthwash 4 times a day.
 - Keep wearing the splint full time, including during meals.
 - They can take the splint out to clean it:
 - Keep brushing the lower teeth normally
 - Brush the upper back teeth normally being very careful around the stitches
 - Clean teeth near the surgical site carefully using gauze or a wet cotton swab. May also gently rinse the surgical site at the stitches.
 - Brush splint with a toothbrush and warm water to remove food and plaque before putting it back in the mouth.
- Return to see the craniofacial orthodontist 2-3 weeks after the bone graft surgery so the surgical site and splint can be checked..
- For questions/concerns please call the Craniofacial Orthodontic Office at 720-777-6788.